Skills Institute Soccer League

How is Skills Institute different?

Designed to meet the needs of the more advanced players, Skills Institute classes combine a small child to coach ration with challenging curriculum to create a rewarding soccer experience that is more clinical in nature. Children in these classes will be introduced to more complex soccer skills and tactics and will be given opportunities to practice these during scrimmages. While the focus of Skills Institute is more clinical, classes are designed to heavily emphasize fun and effort.

What should my child wear?

Participants should wear comfortable shoes (no outdoor cleats). Shin guards are recommended but not required for SISL Classes. Skills Institute sets are given to first-time customers for free and are available for purchase after that.

What is your make-up policy?

Make-up classes can be made online, based on availability, and you must reschedule within the current session.

Can I join in the middle of the season?

Yes! We offer open enrollment so that you can join anytime and have your class fees prorated.

How long are your sessions?

Each of our classes lasts 50 minutes with a water break halfway through, so be prepared with a water bottle.

Price Per Class & Membership?

Skills Institute classes—$23 per class*

Annual membership—$20

*Sibling discount available for each additional child

*Payment plans available

Fall 2026

Classes Start: September 8th-12th

Classes End: November 17th-21st

Class Name	Tuesday PM	Wednesday PM	Saturday AM
Skills Institute 5/6	5:00 PM		10:00 AM 12:00 PM
Skills Institute 7/8		5:00 PM	11:00 AM 12:00 PM
Skills Institute 9/12		5:00 PM	11:00 AM 12:00 PM

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